ackneytocc

Circulated to 108,000 homes and businesses by Hackney Council

Issue 463 6 December 2021

mag

Clive Rowe sports his shopping bag dress – just one of the fabulous costumes he wears – in this year's panto, 'Jack and the Beanstalk', at Hackney Empire (review on page 14)

IT'S BEGINNING to look a lot Yuletide treats and the like Christmas... Clive Rowe festive past is celebrated is back on stage, Hackney's at both Sutton House and markets are packed with

Museum of the Home.

Hackney has so much to offer residents in the run-up to the Big Day - from extended market opening hours and

frosty festive swims, to three family-friendly pantos and quilt-free comedy cheer there's little need to leave

the borough. Read more about Hackney's fantastic festive offerings on pages 14-15.

EOPLE in Hackney are being urged to give what they can - whether time, money or food donations - to help those who may be struggling this winter, as part of the Council's partnership work to support the community this winter.

Community organisations that support vulnerable residents and families in need are looking for volunteers. If you can give some of your time, whether it's a few hours a week or one day a month, Volunteer Centre Hackney would like to hear from you. Visit: vchackney.org/volunteer

Cash donations are needed to

buy essential food items for the Hackney Food Network, which works with the Council to deliver more than 3,000 hot meals and 2,000 food parcels per week.

This community-led food response programme also provides culturally and dietary specific food and signposts those in need to community networks for longer-term support. Visit: justgiving.com/crowdfunding/ hackneyfoodnetwork2021

If you prefer to donate food in person, you can drop off items directly to Skyline Food Hub, Redmond Community Centre, N4 2HF, on Wednesdays and Fridays, from 10am-2pm until 17 December; or Morningside and Gascoyne Food Hub, E9 6SJ, on Mondays (1pm-6pm), Tuesdays (10am-12noon), Thursdays (all day) and Fridays (10am-12noon).

Items most needed are rice, pasta, dried beans, pounded yam, tinned food, breakfast cereals, UHT milk, tea and coffee, toiletries such as toothpaste, toilet rolls, tissues, period products and nappies, festive treats and sweets.

Cllr Chris Kennedy, Cabinet Member for Health, Adult Social Care and Leisure, said: "The needs of vulnerable people will increase within the festive period as residents find it even harder to manage the rising

costs of celebrations and the cold winter months.

"The coronavirus pandemic continues to hit many Hackney residents hard - and many people are also now feeling the impact of the increased cost of living. Because of all this, more families than ever will experience food poverty this winter.

"Our community partners who support local people need your help. That's why we're asking the Hackney community to give what they can to help others over the next few months, whether that's money, food or their time."

Read more about how to donate to other local charities on page 17.

inside



LTN here to stay



A Christmas carol





Holocaust memoirs



East End archives



Our Homes

Hackney

hackneynews

Hackney

Hackney Today
is produced by
Communications,
Culture and
Engagement at
London Borough of
Hackney, Hackney
Town Hall E8 1EA.
E-mail: htnews@
hackney.gov.uk

Editor Sappho Lauder

Tel: 020 8356 3275 E: htnews@hackney.gov.uk

Hackney Today is published by the London Borough of Hackney. It has a print run of 108,000 copies and is delivered free to every home and business in the borough. The Council uses it to communicate public service information to residents. It is published fortnightly in order to carry statutory advertising, such as planning and traffic notices, which is cheaper for the taxpayer than using another local paper. The law does not allow for statutory notices to be published solely online or in a less frequent publication.

The paper's official, doorto-door delivery is 91,843 copies per issue, Audit Bureau of Circulations (ABC)

Paid for advertising is carried in the paper to keep costs to a minimum. We reserve the right to refuse advertising. The products and services advertised in this paper do not carry the endorsement of Hackney Today or London Borough of Hackney

Printed by Reach PLC

Distributed by Lbox Communications

If you do not receive Hackney Today call: 020 8356 3275; or e-mail: htnews@hackney.gov.uk

Hackney Today is printed on 100 per cent recycled paper.

Please make sure you recycle it after reading, so the paper can be used again



łackney MP Meg Hillier had her booster dose at Spring Pharmacy in Hoxton last montr

vaccine programme is being scaled up due to concerns about the new Omicron variant.

The Government has set a target to offer all adults in England the chance to book a booster dose by the end of January.

The booster dose has been introduced to help extend the protection people gained from their first two doses and reduce the risk of them being admitted to hospital if they get the virus.

Most people who are eligible for a booster will be offered Pfizer or Moderna vaccines. This means their booster dose may be different from the vaccines they had for their first and second doses, but will still be effective.

Hackney MP Meg Hillier

had her booster jab at the Spring Pharmacy, in Hoxton, last month.

She said: "The new Omicron variant means it is vital we do everything we can to stay protected. Please book your booster jab as soon as you can."

Second doses for all 16 and 17 year-olds can also now be booked 12 weeks after their first dose and appointments can be made online through the NHS booking system or by visiting a walk-in centre.

People are also reminded that it is mandatory to wear face coverings on public transport and in shops.
The NHS is working on plans to offer:

- A booster dose to everyone aged 18 years old and over;
- A booster dose to people aged 16 years old and over with a severely weakened immune system;
- Booster doses from three months after the previous dose currently it's from six months after the previous dose;
- A second dose to all children aged 12 to 15 years old who are not already eligible.

Let's chat about vaccinations

Let's chat about

JOIN the conversation surrounding vaccines this month with Dr Tehseen Khan and co-hosts, who will answer your questions about the Covid-19 and flu vaccines in a new series of webinars.

Aimed at anyone who wants to learn more about vaccinations, these sessions will take place on 7 and 14 December. They will help residents sort fact from fiction and provide them with the opportunity to discuss any questions or concerns about the vaccine with local medical professionals.

For more info, or to register, visit: bit.ly/LetsChatVacs

Vaccines safe for pregnant women

THE Covid-19 vaccination is recommended and safe for pregnant women.

New data from the UK Health Security Agency shows there is no impact on newborns from women who have received the vaccine.

The Spring Hill Practice pop-up vaccination clinic in Stamford Hill offers walk-in appointments with a midwife for anyone who would like more information on vaccination during pregnancy or while trying to conceive.

Drop-in to the clinic on Sundays between 10am and 4pm until 19 December at: Spring Hill Practice, 57 Stamford Hill, N16 5SR.

MORE INFO

Hackney has 14 different clinics, pop-ups and pharmacies where you can receive your first, second or booster dose of the vaccine throughout the week.

Visit: hackney.gov.uk/coronavirus-vaccine

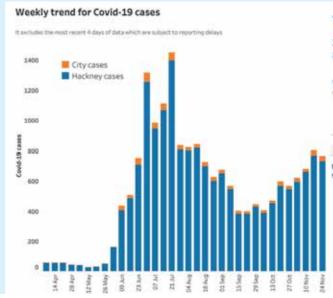
What the data in Hackney tells us

In Hackney the current infection rate is 261 cases per 100,000 (PHE data, 24 November).

Age group: The age group seeing the most number of cases is 20 to 29 years old, followed by 10 to 19 years old.

Wards: The wards with the highest number of Covid cases are Dalston, King's Park and London Fields.

Data: Residents can view the latest coronavirus data in Hackney, including a ward-by-ward breakdown, by visiting: hackney.gov.uk/coronavirus-data



Total cases 39,923 38,708 in Hackney, 3,215 in the City Weekly Trend Weekly Trend Weekly Trend Weekly Trend Incidence Change Cases lists week per from previous week Isst week per previous week Hackney 733 201 \$\times\$0.000 Hackney 733 201 \$\times\$0.000 Note: R value for London temporarily removed following suspension of data by LIOHSA.

Security Agency (UKHSA).
Note: in line with recent
UKHSA guidance, both
cases identified by lateral
flow testing and PCR
are included



Find out more about winter vaccinations at:

nelfluandbooster.org.uk



ACKNEY politicians, including Diane Abbott MP and Cllr Chris Kennedy, have joined thousands of others in taking up the offer of the free flu vaccine this winter.

The flu vaccine is offered every year, and the NHS is encouraging anyone eligible for a free jab to take up the offer and get vaccinated.

In winter, viruses like Covid-19 and flu spread more quickly. This is because it's colder and people are spending more time indoors with friends and family.

It is expected that more people will get flu this winter, as less people will have built up natural immunity to it last year when there were lockdowns and not as many people were socialising.

Everyone aged 50 and over is eligible for a free flu vaccine, as well as other vulnerable adults and most small children (who usually have it in the form of a nasal spray).

It is also given for free on the NHS to people who are pregnant, receive a carer's allowance, are the main carer for someone at risk, live with someone clinically vulnerable, or are a frontline health or social care worker.

The link between the Covid-19 virus and hospitalisation and/or death has already been significantly weakened in



Hackney MP Diane Abbott received her flu jab. Below: Cllr Chris Kennedy also got his flu jab

the UK thanks to people being vaccinated.

It is really important that anyone eligible has their flu, Covid-19 booster or initial Covid-19 vaccines.

Dr Sandra Husbands, Director for Public Health in Hackney, said: "If you are invited for your flu vaccine, I'd urge you to take up the offer and protect yourself and those around you.

"It has never been easier to get vaccinated – all GP practices in Hackney are offering flu jabs, as well as many local pharmacies."





IF YOU'VE had Covid-19, it's safe to have the flu vaccine. It will still be effective at helping to prevent flu. Flu and Covid-19 are different viruses.

the flu vaccine?

Does the flu vaccine cause serious side effects?

ONLY one in a million people get serious side effects.
Mild side effects such as soreness around the injection site and aching muscles are more common, but these are far less serious than the effects of contracting flu.



Can you catch flu from the vaccine?

NO, the vaccine contains an inactivated virus which cannot give you flu.

Myth-busting on the flu vaccine

Isn't flu just like having a bad cold?

FLU can be fatal. It kills over 11,000 people a year in the UK and hospitalises many more. If you get flu and Covid-19 at the same time, you're even more likely to be seriously ill. Both viruses can result in hospitalisation or be fatal and getting vaccinated reduces the risk of this happening.

l've been vaccinated before so do I need to do it again?

THE flu virus mutates constantly, and the vaccine is updated every year to counter the latest strains, so it is important to get vaccinated every year.

How will I know if I have the flu or Covid-19?

THE flu virus and Covid-19 have some similar symptoms, such a high temperature or persistent cough. It may be difficult to tell which virus you have. For this reason, it's really important that you have a flu vaccination if you are eligible, and that you continue to follow the guidance on self-isolation and testing at: nhs.uk/coronavirus if you have any of the symptoms of Covid-19.

Support for people experiencing birth trauma

A NEW service for people with experience of birth trauma has been launched.

Ocean, which stands for 'offering compassionate and emotional support for those living through birth trauma and loss', is a joint service provided by the East London NHS Foundation Trust (ELFT), Barts Health NHS Trust, Homerton Hospital Foundation Trust and Maternity Mates.

Leading up to the launch, the organisers consulted an ethnically diverse group of people from across the whole of north east London, all of whom had experienced birthing traumas.

Studies show that black and Asian women who give birth are four times more likely to experience an incident of maternal morbidity compared to the general population. Ocean has been set up to provide support for individuals experiencing psychological distress:

- Related to miscarriage, medical termination, neonatal death and stillbirth;
- After news of foetal abnormality during pregnancy, and after foeticide or medical termination;
- Directly related to and following traumatic

birth experience;

- Stemming from their perinatal experience.
 This may include assisted pregnancy, IVF, or from LGBTQIA+;
- Arising from significant fear or phobia related specifically to pregnancy and childbirth, for example fear of giving birth, undergoing examinations;
- Related to parent-infant separation taking place



during the first year after birth due to children's social care involvement.

For more information, visit: bit.ly/ELFT_OCEAN

4 6 December 2021 advertising

4 steps for COVID-19 wellbeing



1. Stay home – If you feel unwell stay at home and take a PCR test



2. Stay safe - Hands, face, space, ventilate to stop the spread of the virus



3. Get vaccinated – Get your COVID-19 and flu vaccinations



4. Get tested – Take regular rapid tests

These
4 steps will
help keep you and
those around
you safe



Hackney





Hackney needs more foster carers



↔ Hackney



The new site on Hyde Road features a dedicated sixth form centre, state-of-the-art science laboratories, music and theatre facilities, and a sports pitch on its roof.

Shoreditch Park Academy opened in a temporary teaching space in September 2017 with one year group, and has added a new Year 7 every year since, with the oldest students now being in their GCSE year.

The new facility has been delivered through more than £40 million investment, half of which is direct Council funding.

The school, which used more than 60 apprenticeships and work placements during its construction, will provide places for over 1,100 pupils, with a community use agreement in place so that the new facilities can also be used by the wider community.

The Mayor of Hackney, Philip Glanville, said: "The new Shoreditch Park



of investment not just into one of the finest school buildings in the country, but even more importantly the future of our young people.

"Together, as part of the wider Britannia project, we are delivering the biggest investment in Shoreditch for a generation, which has already provided a state of the art new leisure centre and will include genuinely affordable homes for local people."

ew school building last month

of London Academy Shoreditch Park, Holly Arles, added: "Our official opening event marks the end of a four-year journey that required an unwavering insistence on high quality work and conduct, as well as plenty

MORE INFO

Shoreditch Park Academy is part of Hackney Council's Britannia project which is also delivering a new leisure centre and hundreds of new homes, including homes for social rent and shared ownership, Find out more at: hackney.gov.uk/ britannia-site

Principal of the City of resilience."

Old Bath House building to get a new lease of life A MUCH-LOVED building, which for more than 30 years was used to support Vietnamese families in Hackney, is to be refurbished.

The An Viet House, also known as the Old Bath

House, in De Beauvoir, will be the site of the new East and South-East Asian Community Centre, after Council investment was agreed to bring it back into use.

Vacant for the past

few years, the building was once at the heart of one of the UK's largest Vietnamese communities.

From 1981 to 2017, it was occupied by An Viet Foundation, which was set

up in Hackney to support Vietnamese settlement in London after the Second Indochina War.

However, it had become underused and fallen into a state of disrepair.

The new centre will include a commercial kitchen and a community cafe, as well as an outdoor space for summer events, meeting spaces, a large multi-functional hall and hot desking space for hire.

Services provided will include helping those from Hong Kong achieve 'British National Overseas' visa status – as well as offering training, education, advocacy and advice, migrant support, health and wellbeing help and arts, culture and social activities.

The Council first approached Hackney Chinese Community Services in 2017 with a proposal to provide a community centre in the building, which would include use by An Viet.

A joint investment of £1.4 million has been agreed including Greater London Authority funding of more than £450,000 and £950,000 by the Council.

Mayor's column

Good reasons to be optimistic in this most difficult of years

AS WE come to the end of another sometimes difficult year, I want to thank everyone who has volunteered or simply carried on following the coronavirus rules to help keep everyone in their community safe.

As you can see on the front page, we're coordinating the annual local efforts to help those in need over the winter months. The rising cost of living and the ongoing impact of the pandemic means more people are struggling to make ends meet. That's why - through our Winter Giving Campaign – we want to raise even more money and more community spirit than last year. You can give your time, money or a food donation.

It's been a long 18 months in Hackney, and I know that many of you will be concerned about the new variant of coronavirus and additional restrictions put in place by the Government. The pandemic, and the criminal cyberattack on the Council last year that impacted so many of the services you rely on, has made it a challenging time for us.

But there are reasons to be optimistic. More than 175,000 people in Hackney have had at least one dose of the Covid-19 vaccine, and all adults should now book their booster jab or walk in to one of the many clinics in Hackney, which you can find out more about on pages 2-3.

Thanks to the tireless work of our staff, all Council services are now available following the devastating impact of the cyberattack by organised criminals last year, and their innovation means new noise nuisance and building control services are now available, as you can read on page 7.

And our £1 million investment in our repairs service, which you can read more about in the enclosed Our Homes pullout, will start to tackle the backlog of repairs for Council tenants that built up over lockdown – and which we know residents rightly are unhappy about.

It's also the time of year where families and communities come together to celebrate the festive season, and it was a joy to be part of our Hanukkah and Christmas events over the last few weeks – especially watching the pupils braving the cold to entertain us with songs and carols!

We are encouraging residents to shop local over the festive period by visiting our fantastic array of independent businesses in Hackney (see pages 14-15) - but we are reminding those who are out and about that face masks are compulsory in shops and on public transport in line with the updated Government guidelines.

I hope that however you spend it, you have a restful and peaceful festive break.

Philip Glanville, Mayor of Hackney





6 December 2021 advertising

Mulberry Academy Shoreditch

We offer academic excellence in a fun and exciting school



Being outdoors is a fantastic place to be. There is so much to explore and do. We give our students memorable experiences, personal development and enjoyment of learning beyond the classroom!



range of activities during their Wednesday afternoon enrichment sessions.

For more information about our amazing school, follow the QR code or visit www.mulberryacademyshoreditch.org

Nulberry Academy Shoreditch . Gosset Street . London E2 6NW
 020 7920 7900 ■ parents@mulberryacademyshoreditch.org

Part of the Mulberry



Trail running

in Wales



ESIDENTS, businesses and community groups in Stamford Hill are being encouraged to have their say on the future of the area as part of Council efforts to ensure new development and other changes in one of Hackney's fastest growing neighbourhoods benefits the local community first.

New dedicated planning policy and guidance for the area was set out in the draft Stamford Hill Area Action Plan (AAP) approved for consultation by the Council's Cabinet last month.

It will aim to ensure that new development reflects the unique circumstances of Stamford Hill and responds to the impact of the area's increasing popularity on housing and facilities.

This includes identifying sites for much-needed new housing in an area with high levels of overcrowding, as well as guidance on house extensions, schools and community facilities, public realm, green and open spaces, design and heritage, and local enterprise and the economy.

These proposals have been developed with input from the Stamford Hill community over the last five years, including working alongside the Stamford Hill Community Panel









Proposals for the area action plan have been developed in consultation with the Stamford Hill community

Have your say

TO HAVE your say between 7 December and 31 January:

Complete an online survey at: stamfordhillareaactionplan. commonplace.is/

Complete a paper survey at:

- Stamford Hill Library, Portland Avenue, N16 6SB
- Stoke Newington Library, 184 Stoke Newington Church Street, N16 0JL
- Hackney Central Library, 1 Reading Lane, E8 1GQ

Attend a drop-in session on

- 10 January:
- Lea View House Community Hall, Springfield Road, E5 9DX. 11am-3pm
- 15 January: Sainsbury's forecourt (outside 1 Amhurst Park, N16 5LW), 3-7pm

- a group of community representatives, local councillors and members of local organisations that reflect the full diversity of Stamford Hill.

With the majority of this engagement taking place before the coronavirus pandemic, further consultation will now take place to ensure the proposals included in the plan continue to reflect the priorities of the local community and help shape the final draft of the Stamford Hill AAP, which will be consulted on in summer next year.

Cllr Guy Nicholson, Deputy Mayor and Cabinet Member for Housing Supply, Planning, Culture and Inclusive Economy, said: "Stamford Hill is a unique neighbourhood, and over the past five years the

Council and the community have worked together to develop a dedicated plan that reflects the needs of a community and sets out to mitigate the impact of new development, ensuring it is sensitive to neighbours and the local environment.

"The plan will help guide investment into and the development of Stamford Hill.

"Now everyone in the Stamford Hill area has the opportunity to comment on the draft plan and the priorities shaped by the community, ensuring the proposals reflect the needs of local residents today."

MORE INFO

For more information. email: planmaking@ hackney.gov.uk; or call: 020 8356 8084

Cyberattack: all Council services now available

THE Council continues to restore – and improve - the Council's digital tools and services that were affected by a serious cyberattack on the organisation last year.

All Council services are now available as a result of painstaking work by staff to safely recover them after the attack carried out by organised criminals in



October 2020, which had a devastating impact on computer systems.

Recovery work has also led to opportunities to

improve services - with residents now able to log recurring noise complaints online, with quicker responses, and simple online building control applications, payments and inspections.

Council staff continue to work through significant backlogs of work in some services caused by the impacts on systems –

particularly Council Tax, Business Rates, Housing Benefits, housing waiting lists and Planning - where the attack has led to delays in processing claims, requests and refunds.

Council teams are doing everything possible to complete this work as quickly as possible, and are grateful for residents' continued patience.

News in brief

Nominate your local heroes for **Hackney Schools Stars award**

DO YOU know an inspirational teacher, a long-serving head or an amazing support worker? Hackney Schools Stars is back and a chance for members of the community to nominate any member of schools or early years staff for a special award.

The Council is asking parents, guardians, school governors or young people themselves, who would just like to say thank you, to nominate their school star. Please take the time and nominate your school heroes who tirelessly work to achieve great results or deliver special care to you or your children.

Hackney provides some of the best schools in the country and teachers, therapists, admin staff, cooks and cleaners, to name but a few, have made this happen. They truly deserve to be thanked for what they do. All schools stars nominees will be invited to an awards evening in May next year. The deadline to nominate is

12 midnight on 1 February. Take a look at the categories and nominate your stars at: hackney.gov.uk/hackney-schools-stars



Addressing barriers to digital jobs for diverse communities

A SHORT survey has been launched by the Council to understand what Hackney's diverse communities see as the biggest barriers to working in the digital technology sector. Hackney has become a prime location for companies involved in the digital tech sector. This sector is growing faster than other industries, creating



many new jobs and making it increasingly necessary to foster greater diversity to deliver an inclusive economy, where everyone in Hackney irrespective of background – has the opportunity to thrive and prosper.

The Council wants to hear views on how identity or background affects job opportunities in digital technology. and what needs to be done to address barriers. The survey closes on 3 February.

For more information and to take part in the survey, visit: bit.ly/TechJobsSurvey2022

8 6 December 2021 advertising

Have you ordered your food waste recycling bins and liners?

I like using the food waste service as I don't have to clean my waste bin as often.







Hackney recycles

Hackney







ESIDENTS joined ex-service men and women to remember the fallen at the borough's Remembrance Sunday parade and church service on 14 November.

The Speaker of Hackney, Cllr Michael Desmond, helped lead the procession of more than 200 people from the Town Hall to St-John-at-Hackney Church to honour those who gave their lives in the line of duty in the 107 years since the outbreak of the First World War.

The parade was accompanied by sombre music from the Jewish Lads

and Girls' Brigade band – with people of all faiths and backgrounds gathering to take part in the event, including representatives from ex-services association, Reservists, Sea, Army and Air Cadets, Scouts, Guides and Police.

On arrival at the church, the Speaker laid a wreath to commemorate those who lost their lives during military service and faith leaders gave readings, before observing the twominute silence.

Reverend Al Gordon led the church service. attended by residents, the Mayor of Hackney Philip Glanville and Hackney MPs Meg Hillier and Diane Abbott.

The parade then made its way back to Hackney Town Hall for traditional marchpast and salute.

Cllr Desmond said: "The Remembrance Sunday Service was a very moving occasion.

"It was heartening to see so many people come together to pay tribute to our fallen service men and women – who made a great sacrifice in the World Wars and all the conflict since. They must not be forgotten."



News in brief

Boost for affordable workspace providers with up-to-date list

A PIONEERING affordable workspace initiative in Hackney is being refreshed and brought up-to-date to create even more opportunities for workspace providers. Hackney was the first borough in London to launch an Affordable Workspace Provider List in 2013, helping 46 new developments create around 24,000 square metres of new affordable workspace in Hackney, on top of 17,000 square metres of new affordable workspace created directly by the Council.

This is now being refreshed to ensure that there is an up-to-date list of workspace providers and give new providers the opportunity to join.

Organisations included must also deliver community benefits, such as creating jobs for residents, providing in-work training and development for staff, assistance for vulnerable residents entering work, paying the London Living Wage, or offering space for local groups. Cllr Guy Nicholson, Deputy Mayor and Cabinet Member for Housing Supply, Planning, Culture and Inclusive Economy, said: "Hackney Council wants to ensure a 'fair for all' recovery from the pandemic and this includes ensuring access to genuinely affordable workspace is available for the start-ups, micro and small businesses that are at the heart of the Hackney economy."

Apply to be on the refreshed workspace providers list by 15 December. Visit: bit.ly/hackney-approved-workspace



The Trowbridge Centre: affordable workspace in Hackney Wick

Supporting older people

HACKNEY Dementia Festival, which took place in the autumn, saw many residents excited to participate in activities, celebrating the involvement of people living with dementia in arts, culture and sport.

Hackney carer Jennifer Tobias shared how important the festival was in enabling her and her mother with dementia to rediscover the borough.

She said: "Hackney's

week-long dementia activities were truly the catalyst my mother and I needed, to re-engage with community life all around us. Being out

and about in our community again after the end of the various lockdowns, provided an almighty health

boost to my mother's well being."

Here are other way in which the Council can support older people this winter:

Online Find **Support Services**

HACKNEY'S online Find Support Services helps residents - or those acting on their behalf – find support, advice, classes and activities run by the local community and voluntary sector in Hackney and the City If you are struggling to pay for gas and electricity, or if you are at a point of food crisis, visit: find-supportservices.hackney.gov.uk If you are not online and need help, Hackney's customer services team can also help guide you to support on **020 8356 3111**.

Fit 4 Health

THIS is a specialist exercise-after-stroke scheme designed to meet the long-term effects of stroke and the varied and wideranging exercise needs of stroke and transient ischaemic attack (TIA) sufferers. To be eligible to sign up, people must be over the age of 18, a Hackney resident, or be registered to a Hackney-based GP surgery. Visit: hackney. gov.uk/after-strokeprogramme or call:

020 8356 4897.

New Age Games

A FREE sport and physical activity programme for Hackney residents aged 50 and over. Classes include badminton, chair-based activity, table tennis, pilates, tennis, water aerobics and more. To register, visit: hackney. gov.uk/new-age-games

Walking together

WALKING has many benefits, such as reducing blood pressure and helping to maintain a healthy weight. Regular wellbeing walks are held across the borough. Visit: hackney. gov.uk/walking

Beware of scams!

MORE people are subject to doorstep. online and telephone scams. Be aware of these: If you receive any

- kind of contact out of the blue: hang up as soon as you become suspicious
- Avoid clicking links in

- text messages: contact the company directly to check.
- No legitimate company will ask you for personal details, PIN codes and passwords.
- If you are pushed into making a decision on the spot, be suspicious.
- The Covid-19 vaccine is free, so anybody asking you for payment is a scam.

Useful numbers

or call 0808 223 1133

NATIONAL CYBER SECURITY CENTRE: Email: report @phishing.gov.uk or text: 7726 ACTION FRAUD: visit: actionfraud.police.uk or call: 0300 123 2040 CITIZENS ADVICE: visit: citizensadvice.org.uk

greenmatters

OMERTON'S trial low traffic neighbourhood (LTN) is set to be made permanent, following analysis of traffic data, air quality monitoring, comments from residents and a comprehensive equalities impact assessment.

The scheme is part of Hackney Council plans to rebuild a greener Hackney in the wake of the pandemic – with 19 trial low traffic neighbourhoods and 40 School Streets introduced to support people to walk, shop and cycle locally and create cleaner, greener neighbourhoods.

In Homerton, three traffic filters – planters in the road which permit only cyclists, emergency and waste vehicles to pass through – were installed in Barnabas Road, Ashenden Road and Meeson Street in June 2020, helping to create a LTN in the area.

Analysis of traffic, air quality and bus speeds data following the LTN's introduction shows that:

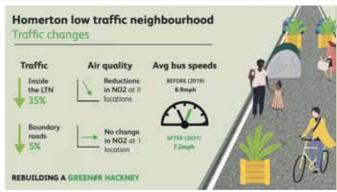
- Traffic was down by 35 per cent inside the LTN and by five per cent on boundary roads
- Air quality has improved at eight of nine monitored locations in the area
- Average bus speeds in the area have improved: from 6.9mph in 2019 to 7.2mph in 2021.

Throughout the trial, the Council encouraged people to respond to its Commonplace page, online and in writing, which was used to identify issues with the LTN and make changes where appropriate.

There were 1,694 responses received in total; 1,425 of these responses were unique.

Of the responses, 46 per cent were from the local area, with people who use a car or van to get around overrepresented in the overall results (62 per cent of responses were from motor vehicle users, compared to the 30 per











ne filters on Barnabas Road, Ashenden Road and Meeson Street were introduced to rebuild a greener Hackney after the pandemi

cent of households in the borough that own a car).

Overall, 37 per cent of Commonplace responses wanted all or some of the filters to be made permanent, with 62 per cent saying none should be made permanent. In the local area (those who gave E9 or E5 postcodes), 45 per cent of responses wanted all or some of the filters to be made permanent, with 54 per cent saying none should be made permanent.

Among people who do

not use a car or van to get around, 63 per cent wanted all or some of the LTN to be made permanent.

The top two concerns raised in resident responses were increased traffic and air pollution, which is why the Council has completed comprehensive monitoring of the scheme before making a decision on whether or not to make it permanent.

Following feedback from residents in Roding Road, the Council is also set to consult on new measures to

reduce traffic there.

Cllr Mete Coban, Cabinet Member for Energy, Waste, Transport and Public Realm, said: "Low traffic neighbourhoods are important because they protect our residents from long standing rises in traffic in Hackney – 40 per cent of which does not start or end in the borough – and they support people to walk, cycle and shop locally, improving air quality for everyone.

"In the aftermath of COP26, we also need to do more to tackle transport emissions, which account for 25 per cent of CO2 emissions in the borough.

"In making the Homerton low traffic neighbourhood permanent, we have considered the reductions in traffic and air pollution, comments from residents, and completed a comprehensive equalities impact assessment, looking at the impact of the LTN on those with protected characteristics, such as race, gender and disability."

Traffic in Hackney has risen by 40 million miles a year between 2013 and 2019, according to Department for Transport statistics, with most of these rises taking place on neighbourhood roads, due to the increased use of sat nav apps.

Around 40 per cent of the traffic in Hackney does not start or end in the borough, with no economic benefit to residents or businesses.

Low traffic neighbourhoods are aimed at tackling these rises, protecting residents from through-traffic, and encouraging people to switch to walking, cycling and public transport use.

MORE INFO





greenmatters

Portion Planning

> LEARN the right amount of food for you and your family don't buy too much just because it's Christmas: lovefoodhate waste. com/portion-planner

Take the 'scrunch' test

> wrapping paper can be recycled. If unsure, do the 'scrunch test': scrunch the paper in your hand and if it remains scrunched, it's okay to recycle (but if it bounces back, it

Recycle food waste

> TURKEY carcasses, veg peelings, leftover cheese boards, sprouts and potatoes can all be recycled in one of the Council's fox-proof food waste bins. Order yours at: hackney.gov.uk/ order-recycling products

The amount of waste during festivities can be overwhelming and harms the planet. Here are nine handy tips for a greener

Check the date

> THE best before date refers to quality rather than food safety. This is found on frozen. dried, canned and other foods. If the item looks and smells OK, then it is unlikely to be harmful after the 'best before' date

Creative cooking

> **GET** creative with leftovers - there are lots of recipes for leftover turkey and roast veggies online.

Freeze food

> ALMOST all foods can be frozen – just not cream, salad, or foods which have already been frozen and defrosted once.

CARDS and non-shiny

Yule thank us later

Christmas

Wrapping paper rethink

RETHINK wrapping and use brown paper and old magazines instead. It looks cool and produces less waste: nlwa.gov.uk/ rethink-wrapping

Recycle, recycle, recycle

> BATTERIES, fairy lights, clothing and shoes can all be recycled at a recycling bank if they're no longer used or working. Don't throw them away in your waste bin: hackney.gov. uk/recycling-banks

Christmas tree collections

> REAL Christmas trees are collected by the Council after Christmas. They will be shredded and turned into compost to be used in Hackney's parks and gardens. Find out the collection times: hackney.gov.uk/ christmas-trees

New Library of Things is coming to Dalston

A NEW 'borrowing library' is set to open at Dalston CLR James Library on 13 December.

Residents will be able to borrow useful household items at the new Library

of Things – such as drills, carpet cleaners and gazebos - from as little as £1 per day before returning them for another neighbour to use.

This helps to reduce plastic and material

consumption, and means that residents can borrow an item only when they need it, instead of buying it.

Sign up to the newsletter: libraryofthings.co.uk/ dalston



2 6 December 2021 advertising

Toy Gift Appeal

4 January–25 January 2022















Received a sack load of new gifts this Christmas? Cupboards already full to bursting? So, donate your pre-loved toys!





Donated toys will be gifted to charitable organisations and educational centres. Please only donate toys that are in good condition and fit to be shared.



Please place your pre-loved toys in the containers provided at the following locations:

Venue	Address
Stoke Newington Library	182 Stoke Newington Church St, N16 0JL
Dalston CLR James Library	Dalston Lane, E8 3BQ
Stamford Hill Library	Portland Avenue, N16 6SB
Clapton Library	Northwold Road, E5 8RA
Shoreditch Library	80 Hoxton St, N1 6LP
Homerton Library	Homerton High St, E9 6AS



HDS1098

#ZeroWasteHackney
Go Beyond Recycling

In partnership with:





OODBERRY Down residents came together for the first time in two years for a Christmas light switch-on, carols, festive food and mulled wine.

The festive event was a great opportunity to catchup with neighbours, get merry and celebrate the fantastic achievements over the last year.

The light switch-on, held in the Rose Gardens, was complemented by a performance by local arts group Fame Star Youth and Sir Thomas Abney Primary School, a lantern procession and speech by Mayor of Hackney, Philip Glanville.

The garden itself was transformed into a mini-Christmas market with mince pies, mulled wine and turkey wraps.

The event provided an opportunity to chat to neighbours, loved ones and members of the community.

Mayor Glanville said: "Despite the difficulties of the last two years, the Woodberry Down Christmas light switch-on allowed us to celebrate the work that has been achieved by both the regeneration partnership and the community throughout this challenging period.

"I'm confident that we can make even more progress next year.

"I'd also like to take this opportunity to praise the fantastic work of the community over the last year, including the selfless













volunteers at Woodberry Aid, which provided a vital lifeline to many during the pandemic when they delivered up to a staggering 3,000 meals a week during the busiest periods.

"Countless others have also been working week in, week out to support their community in whatever way they can.

"I'd like to thank everyone involved for their contributions over the past year and their help championing the incredible community spirit."

MORE INFO

For more info on Woodberry Aid, or to donate, visit: woodberryaid.org

Woodberry Aid

THROUGHOUT the past year, volunteers from grassroots organisation Woodberry Aid have been working week in, week out to support vulnerable people in the local community.

From the beginning of the pandemic, they have provided food parcels, prescription and medication collection, befriending services, social distance doorstep check-ins

and regular phone calls.

Despite the challenges of the pandemic, volunteers such as Euphemia Chukwu and Jackie Myers have been working seven days a week to support those who need it the most. At the start of 2021, the Woodberry Down

25

Dedicated volunteers working hard for their local community

regeneration partners, including Hackney Council and Berkeley Homes, each donated £1,000 every month for six months to go towards buying food and to help meet growing demand. However, without the tireless support of the dedicated volunteers

and funding from other local organisations none of this would be possible.

Euphemia Chukwu said: "I would like to thank all the volunteers for all their hard work and dedication for nearly two years serving the community.'

3,000 Meals a week delivered to vulnerable families at the height of the pandemic

WOODBERRY Down is one of the biggest regeneration schemes in Europe. It includes more than

5,500 new high-quality homes being built by a partnership between the Council, Berkeley Homes, **DID YOU** Notting Hill Genesis Housing Association and the Woodberry Down Community Organisation.

This year, the project reached a major landmark in delivering the 2,000th new home, alongside environmental commitments to keep Woodberry Down as a positive place to live and visit - including new open spaces the size of four football pitches, a wildlife corridor, green roofs and more than 2,000 cycle spaces.

But it's not just about housing. When completed, the project will also create three new public parks, two schools and a children's centre, a new library and community centre.

The project will also provide dozens of local people with jobs, as well as 365 apprenticeships. Visit: woodberrydownregeneration. commonplace.is

KNOW?

ACKNEY is firmly into the festive swing of things – after a year off due to the pandemic – with December filled with Christmas markets, festive films and priceless pantos.

The holiday season began with the illumination of the Menorah for Hanukkah and the switching on of the Christmas lights at Hackney Town Hall Square.

Residents are encouraged to shop local at the borough's amazing independent shops.

Hackney's markets have extended their Christmas opening hours to enable shoppers to grab a bargain.

London Fields Lido and the West Reservoir are set to open on Christmas and Boxing day for residents who want an outdoor dip.

Other festive highlights include delving into the borough's Yuletide past at Sutton House and Museum of the Home, finding your inner child at one of Hackney's three pantos, rewatching classic festive films with friends and family and lapping up Christmas comedy cheer – guilt free – as all proceeds go to charity.

FESTIVE FUN CELEBRATE IN STYLE!

FESTIVE FUN AT HACKNEY BRIDGE

Run-up to Christmas (closed Mondays), various times To celebrate the venue's first Christmas, Hackney Bridge has a schedule of family friendly events and activities including food and drink, festive markets, vintage kilo sales, kids' Christmas crafts workshops, wreath making workshops and a Christmas tree sale. Free entry. **Units** 1-28, Echo Building, E15 2SJ. hackneybridge.org

MARK T COX - A CAMP CHRISTMAS CABARET 9 & 10 Dec, 8pm

6

The weather outside is frightful.

But the camp Christmas cheer is delightful.
Piano playing, popsong singing Mark
T Cox returns
for a special
Christmas concert.
18+ £12-15. The
Old Church, Stoke
Newington Church
Street, N16
9ES.

theoldchurch.org.uk/ whats-on

BIG WOWIE!
CHRISTMAS CABARET
14 Dec, 7.30-10.30pm
The grand finale in aid
of Hackney Night Shelter.
Performers will include
Cheekykita, Lucy Farrett,

Neil Frost, Julia
Masli (pictured)
and Lorna

IT'S PANTO TIME! OH, YES IT IS!

SLEEPING BEAUTY

10-24 Dec, 11am/2pm/6pm
The wicked fairy Carabosse's
evil curse causes Princess
Beauty to prick her finger on
a spinning wheel and fall into
an enchanted sleep for 100
years. Can anyone rescue her
from the magical slumber
before it's too late? Age 3+.
£11/50-13.50. Hoxton Hall,
130, Hoxton Street, N1 6SH.
hoxtonhall.co.uk/event/
sleeping-beauty

JACK AND THE BEANSTALK

8-18 Dec, various times
Drama college the Musical
Theatre Academy presents
its graduating year students
in the perfect family panto to
get you in the Christmas spirit.
£7-10. The Tower Theatre, 16
Northwold Road, N16 7HR.
towertheatre.org.uk

JACK AND THE BEANSTALK Until 2 January

YOU'RE in for a giant Christmas treat for this year's Hackney Empire panto 'Jack and the Beanstalk'.

The poor residents of Hackney-on-the-Verge are fed up with living under the tyrannous rule of the giant and his evil sidekick Funella Fleshcreep (Zoe Curlett). So they nominate Jack (Rochelle Serona), his love interest Jill (Ellie Ruiz Rodriguez) and Jack's hapless brother Simple Simon (Kat B) to defeat the giant and bring hope, happiness and love back to Hackney. But it's Clive Rowe's role as the larger-than-life character Dame Trot, which really steals the show.

From his soulful solo of 'Stay with me Baby', to his hilarious relationship with the Freddy Mercury lookalike Councillor Higginbottom (played brilliantly by Tony Whittle) and his multiple costume changes — Clive masterfully pulls this panto together.

Other highlights include the ensemble's impressive dance to BTS' 'Butter', the fantastic slapstick scene to the '12 Days of Christmas', tap dancing cockroaches and — a personal favourite — a cover of Iceland's Eurovision Song Contest entry. After the 18 months we've had, what better way to let your hair down? £10-42. Hackney Empire, 291 Mare Street, E8 1EJ. Info: hackneyempire.co.uk/whats-on

Photo credits: Manuel Harlan; Sean Pollock; Matt Seymour; Leva Whitagram; Miranda Holms; @HoxtonHall



Here's our pick of what the borough has to offer for the festive season

It's a wond Hackney If



CHRISTMAS MARKETS LET'S SHOP!

BROADWAY MARKET Additional trading days on 23 Dec (10am-7pm) and 2 Jan (10am-5pm) for the Sunday food market

There are 150 stalls selling a range of festive goodies, such as scented candles, clothing and accessories. **Broadway**

Market, E8 4QJ. hackney.gov. uk/broadway-market

RIDLEY ROAD MARKET Extended trading hours on 22 Dec (8am-7pm)

Get your last-minute fruit and vegetables, as well as items that would make perfect gifts. Ridley Road Market, E8 2NH. hackney.gov.uk/ridley-road-market

CHATSWORTH ROAD MARKETAdditional trading day on

22 Dec (10am-4pm)

The traders offer a variety of goods, including arts and crafts, plants, seafood, vintage books, street food, and more. Chatsworth Road, Lower Clapton, E5 OLH. hackney.gov.uk/chatsworth-

HOXTON STREET MARKET Extended trading hours on 18 Dec (9am-6pm)

road-market

18 Dec (9am-6pm)Hoxton Street Market has all of

the fashion essentials you need for the colder months. **Hoxton Street, N1 6SH. hackney.gov. uk/hoxton-market**

BOHEMIA PLACE CHRISTMAS MARKET 10-12 & 17-19 Dec, Fri 4-10pm, Sat & Sun, 11am-6pm

Find ethical and sustainable sourced items – as well as checking out some of the unique gifting workshops available, hosted by the Hackney Social. Free entry. Bohemia Place, opposite Hackney Central Overground E8 1DU. bohemiaplace market.com/welcome

DALSTON ARTS CHRISTMAS FAIR 11 & 12 Dec, 10am-7pm (Sat) & 1-7pm (Sun)

Shop local and support over 20 Hackney artists. Buy original artwork, craft ceramics,

jewellery, textiles, poetry, cards and portrait photography – as well as homemade food and mulled wine. St Mark's Church Hall, Colvestone Crescent, E8 2NL. bit.ly/ dalston-xmas-art-fair

HACKNEY FLEA-MAS MARKET 18 & 19 Dec, 11am-6pm

Rummage through a selection of salvaged treasures from 30 handpicked vintage traders



Shaw. £5. GROW, 98c Wallis Road, Hackney Wick, E9 5LN. bigwowiecomedy.com

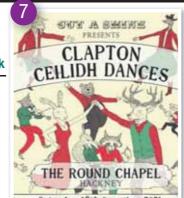
JACK LEFT TOWN'S CHARITY CHRISTMAS SPECIAL 17 Dec, 7.30-9.30pm

Entirely improvised comedy show about a made-up, washed up rock band, There will be mirth, naff songs and a raffle. All proceeds go to Shelter. 18+. £10.

Rosemary Branch Theatre, 2 Shepperton Road, N1 3DT. rosemarybranchtheatre.co.uk

CUT A SHINE FESTIVE BARN DANCE 18 Dec, 7.30-11pm

Expect ceilidhs, barn dances, hoedowns and square dances, all danced to a live band. 18+ £10/12. The Round Chapel, 1D Glenarm Road, E5 OLY. roundchapel.org



DALSTON SUPERSTORE XMAS BASH

18 Dec, 9pm-4am

The infamous Xmas Bash is back! DJs include Amaliah, Elles, Shiv, Dan Beaumont, Lucia Blayke, Mya Mehmi, Jane Norman, Wet Mess and Pierre With Good Hair. 18+. £8/£10. Dalston Superstore, 117 Kingsland High Street, E8 2PB. dalstonsuperstore.com/

THE HAREM OF NO-ONE: **CHRISTMAS HALAY** 19 Dec, 6-9pm

The Harem of No One is on the return for the holiday season and is bringing the Turkey: not to cook and eat, but to dance. This is a Sunday gathering to unite all in a communal dance, or a Halay, hand in hand. £9-25. The Glory, 281 Kingsland Road, E2 8AS. theglory.co/ event/christmas-halay

CHRISTMAS INEMA

HACKNEY PICTUREHOUSE Weekends and 23/24 Dec. various times

Get into the festive spirit in the run-up to the big day. Toddlers and children can enjoy the likes of 'Stick Man', 'Paddington', 'The Polar Express', 'Frozen 2' and 'The Muppet Christmas Carol', while big kids and grown-ups can rewatch Christmas classics, including 'Home Alone'. £5/10. Hackney Picturehouse,

270 Mare Street, E8 1HE. picturehouses.com

THE CASTLE CINEMA 8 Dec, 11am

Watch a dementia-friendly screening of 'Mary Poppins'. A magical nanny employs music and adventure to help two children become closer to their cold banker father. £5 / £9. First Floor. **64-66** Brooksby's Walk, E9 6DA. thecastlecinema.com

THE CURZON HOXTON

9 Dec & 15 Dec. 7.15pm The Royal Ballet presents festive family favourite 'The Nutcracker' on 9 December. The incredible story of Clara is accompanied by sparkling music and even dancing sweets. On 15 December the Royal Opera presents Jonathan

'Tosca', £25, 55 Pitfield Street. N1 6BU. curzon.com/venues/ curzon-hoxton

Kent's intense production of

RIO CINEMA

15 Dec, 2.30pm

Watch 'It's a Wonderful Life' as part of the Rio's Christmas classic matinee showing. George Bailey has so many problems he is thinking about ending it all - and it's Christmas! But Clarence,

a guardian angel, shows George what his town would have looked like if it hadn't been for all his good deeds. £2.50 / £8.50. **Rio Cinema**, **107 Kingsland High**

Street, E8 2PB. riocinema. org.uk

CHRISTMAS PARTY whats-on **CHRISTMAS**

PAST EXHIBITIONS **CHRISTMAS PAST AT**

SUTTON HOUSE Until 22 Dec, guided tours on Wed, Fri, Sun,

various times Take a guided tour of Sutton House by candlelight, to enjoy it as the Tudors, Georgians and Victorians would have. Visitors will see how past residents celebrated Christmas, from the Tudor courtiers and 1980s' anarcho squatters, to the more modest Georgian celebrations and lavish Victorian Chistmasses. £4-8, book in advance.



Sutton House, 2 and 4 Homerton High St, E9 6JQ. nationaltrust.org.uk/suttonhouse-and-breakers-yard

MUSEUM OF THE HOME: CHRISTMAS PAST

Until 9 January. Tues-Sun 10am-5pm

The Museum of the Home's Rooms Through Time have been dressed to show how people celebrated Christmas and other winter events in their home over the past 400 years. From the Midwinter festival to the Millennium party, the museum explores how and why homes were decorated and winter events celebrated. Alongside the exhibition are a number of workshops and events to celebrate Christmas, as well as a light installation by lighting designer Jessica Hung Han Yun. Free, book in advance. 136 Kingsland Road, E2 8EA. museumofthehome.org. uk/



TAKE NOTE. SHOPPERS!

ALL Council-run markets will be closed on the following dates:

- 25 December
- 26 December
- 27 December (Bank Holiday)
- 28 December
- (Bank Holiday) • 1 January, 2022
- 3 January, 2022 (Bank Holiday)

the Beanstalk'; 2. Mark T Cox; 3. Julia Masli; 4. Illumination of the Menorah for Hanukkah; 5. Hackney Bridge at night; 6. Dalston art Fair; 7. Ceilidh dance 8. Jessica Hung Han Yun's light installation at the Museum of the Home; 9. Yasmine Day at Big WOWIE; 10. Dalston Superstore: 11. Sutton House; 12. London Fields Lido in the winter; 13. West Reservoir; 14, James Stewart in 'It's a Wonderful Life' 15. Hackney Flea-mas Market; 16. The cast of Hoxton Hall's Sleeping Beauty

1. Hackney Empire's 'Jack and

WIMS MAKE A SPLASH!

LONDON FIELDS LIDO 25 & 26 Dec, 9am-12noon

Staying in Hackney this Christmas? Overindulged on the big day or just want to escape it all? Why not get involved in the annual Christmas and Boxing day swims at the outdoor heated London Fields Lido? London Fields West Side, E8 3EU. better.org.uk/leisure-centre/ london/hackney

WEST RESERVOIR 25 & 26 Dec. check website for times Get involved in a Christmas or Boxing day open water



whats-on

experienced open water swimmers. Wetsuits are highly recommended! **West Reservoir Water Sports Centre,** Green Lanes, Woodberry Down, N4 2HA. better.org.uk/leisurecentre/london/ hackney

Sessions are only open to

and grab yourself some bargain gifts. Abney Hall, 73A Stoke Newington Church Street, N16 0AS. hackneyfleamarket.com/ calendar





EVENTS

7 Dec, 8-10pm Want to do drag? Don't

know where to start? Is it all a bit intimidating? Sappho Events are putting on a brand new open mic drag night for everyone: from the total newbies who just want to try a moustache on, to the those with a few gigs under their belt looking to develop a new act. Hosted by seasoned kings and mentors Len Blanco and Cyro. £10. Grow Hackney, Main Yard, 98C Wallis Road, E9 5LN. Info: sapphoevents. co.uk/events/open-micdrag-night

7 Dec,7.30-11pm

The Reverend Peyton's Big Damn Band is a three-piece American country blues band from Brown County, Indiana, USA. 18+. £21.50. Oslo, 1A Amhurst Road, E8 1LL, Info: oslohackney.com/events

11 Dec, 9pm-2am

Dance away those winter blues and enjoy rare northern soul, vintage rhythm and blues, boogaloo and jazz with DJs Ged Kelly & Declan Allen. 18+. Free. Mascara Bar, 72 Stamford Hill, N16 6XS. Info: bit.ly/steppin_ out mascara

15 Dec, 7pm

Filipino-American pop artist Yeek comes to Hackney for two nights only (his gig on the 14th is already sold out). Expect RnB and soulful tunes. All ages, under 16s need to be accompanied by an adult. £12.10. The Courtyard Theatre, 40 Pitfield Street, N1 6EU. Info: thecourtyard.org.uk/whatson

17 & 18 Dec, various times Hackney's Black History in the Making season ends on a high at Hackney Bridge. On

17 December, from 5-6pm, visit the S.M.I.L.E-ing Boys exhibition and see artist Kay Rufai's empowering portraits of young black boys from Hackney and hear from Kay and the participants. On 18 December, from 10.30am to 3.30pm celebrate Hackney Carnival art installations, watch interviews with carnival artists and join in carnival art workshops - ideal for families. 'Make and take' your own sparkly dancing carnival figures to decorate your Christmas tree, inspired by the carnival art installations on display outside. Free. Hackney Bridge, Units 1-28, Echo Building, E15 2SJ. Info: lovehackney.uk/ black-history-season-events

22 January 22, 7,30-10pm The smash hit show 'A Vision Of Elvis', starring Rob Kingsley, is renowned as the best Elvis Presley tribute concert touring

the world today. Featuring Elvis's greatest hits including, 'Heartbreak Hotel'. 'Blue Suede Shoes', 'Hound Dog'. 'Jailhouse Rock'. 'All Shook Up', 'In The Ghetto', 'Suspicious Minds', 'American Trilogy' and many more. £22.50-

27.50. Hackney Empire, 291 Mare Street, E8 1EJ. Info: hackneyempire. co.uk

MASCARA BAR



NYE PARTY AT COLOUR FACTORY

31 Dec, 10pm-4am Colour Factory are throwing a massive party with their favourite collectives, including Black Artist Database, Brainchild, Church of Sound,

HOWL, Nine Nights, No ID and Pxssy Palace. 18+. £15/ £30. Colour Factory, 8a Queen's Yard, White Post Lane, E9 5EN. Info: colourfactory.com/ whatson/new-years-eve

PARAISO DISCO: THE

BIGGEST NYE DISCO 31 Dec, 5pm-5am

Celebrate the end of 2021 with a 12-hour house, disco and classics extravaganza featuring special quests, 18+, Tickets from £11.20. Night Tales, 14 Bohemia Place, Mare Street, E8 1DU. Info: bit.ly/paraiso-nye

DANCING IN THE DARK -NYE SPECIAL

31 Dec, 10pm-late

After the weird times we've had this past couple of years, the Moth Club looks back to simpler, sparklier years: the wild decade of the 1980s! Bring in the New Year in style, while dripping in nostalgia. 18+. £16.50. Moth Club, Old Trades Hall, Valette Street, E9 6NU. Info: mothclub.co.uk/events

NYE ROCK AND ROLL CIRCUS PARTY

31 Dec, 9pm-5am

The 'rock and roll circus' returns to Hackney with exciting live acts, dancers, DJs, lightshow and theatrical décor. 18+. £15. Paper Dress Vintage, 352a Mare Street, E8 1HR. Info: paperdressvintage. co.uk/by-night







community

ARE leavers in Hackney are set to have a happier Christmas, thanks to the incredible generosity of volunteers and donors at the Hackney Christmas Dinner project.

Originally set up in Manchester in 2013 by care leaver, Hackney resident and poet, Lemn Sissay MBE, the intention was that no care leaver – aged between 18 and 25 years old – would be left alone on Christmas day. The project has now spread across the UK, including in Hackney.

Lemn says: "From a personal perspective, Christmas was the most difficult time of the year, because it was a reminder of everything I'd never had.

"The more excited other people got about Christmas, the more difficult it was for me."

The dinners bring together hundreds of young people with care experience, providing presents, dinner and companionship on Christmas day.

Volunteers Halima and Tia are helping to organise this year's Hackney Christmas Dinner.

Tia says: "The care system is an institutionalised system, so when you leave – what are you left with?

"We are a group of volunteers who are clubbing together to get people to create an entirely donated Christmas – and hopefully to bring some Christmas cheer. If you're a local business that provides things



Happy scenes from previous Christmas days, as organised by the Christmas Dinner project

Christmas was the most difficult time of the year, because it was a reminder of everything I'd never had

or experiences, you can donate to us and we can pass it on to young people.

"We are also launching our 'wish list', which will feature the gifts that will make up a stocking bag for our young people.

"Everything is really considered for these young people. They're not an after-thought."

Halima adds: "Growing up in a deprived area, you see a lot of young people not achieving what they're capable of. It's close to my heart – young children who have grown up in the care

system. They're our future.

"The young people arrive on Christmas day and we want it to feel like home – like family. The whole place is decorated, there's lots of food. Lots of local businesses have been wonderful and are donating food and flowers.

"There will be various activities for the young

people to do. Different rooms for them to go to. A gaming area, pool tables, a separate room with a beautician who does hair and makeup.

"There are lots of amazing people who have dedicated their time and energy for this cause – and we all have a Christmas meal together."

The Hackney Christmas Dinner project needs to raise £5,000 to help give around 40 care leavers in Hackney a better Christmas.

The project relies on volunteers and donations from generous businesses and individuals.

MORE INFO

To donate, visit: bit.ly/hackney_xmas_dinner
To buy from the wishlist, visit: bit.ly/Hackney-wishlist
Check for the latest updates on Twitter: @tcdhackney

News in brief

Donate unloved kids' books

THE Reading Network, a charity that collects donations of children's books in Hackney and Islington to distribute them back into the community to children who need them, is requesting unloved and unwanted children's books. Hackney resident Katie Hale, who helped set up the charity with a friend, says: "We are a growing organisation in Hackney and Islington based around the simple but powerful ambition to circulate children's books in our local communities.

"Taking them from the homes of those who have enjoyed



them and putting them into the hands of families who don't have adequate access to books."

Donations in Hackney can be made near Well Street

Common, E9. Email: info.

readingnetwork@gmail.com for the exact location; or visit:
readingnetwork.org

Toy appeal for families in need

ORGANISERS of Hackney's Winter Toy Appeal, which distributes new toys to thousands of children experiencing extreme poverty, are bracing themselves for the toughest year yet.

Last year's appeal provided new toys for more than 5,600 children in poverty and generated more than £25,000 of trade with independent shops in Hackney and Haringey. The appeal founder, Jenna Fansa, is expecting more referrals than ever as families struggle with rising fuel and food costs, cuts to Universal Credit and an end to furlough. For more info, or to donate, visit: bit.ly/winter-toy-appeal The appeal also offers a wish list with independent toy shop Stoke Newington Toys & Books. Visit: bit.ly/stokey-

toy-shop

Donations of new toys can also be made at Victoria Park Community Centre, E9 7HR, on Thursdays (6-8pm) or Sundays (3-5pm) or at the E5 Baby Bank during their opening hours.



Made In Hackney cookery school needs funds to continue its free meals



PLANT-based community cookery school and charity Made In Hackney is hoping to raise £150,000



to fund the continuation of their community meal service next year.

The service began in March 2020 as a response to the Covid-19 pandemic – and the cookery school has been feeding their community ever since.

For months they delivered 500 meals

a day by bicycle courier to households across the borough, and were a lifeline to many.

Sareta Puri, Community meal service head chef, currently oversees the preparation of over 1,200 meals a week.

She says: "Thousands of people go hungry in Hackney every day. In a country as well-resourced as the UK, this is wrong.

"The service may have started as a response to the Covid-19 pandemic – but as long as our community needs support, we're going to keep cooking."

Made In Hackney founder, Sarah Bentley, adds: "A lot of Hackney residents are struggling with rising prices.

"Our community is amazingly resilient, talented and resourceful – but sometimes too many challenges happen at once and without support you'd go hungry. That's the reality."

For more, or to donate, visit: crowdfunder.co.uk/noonegoeshungry2022

18 6 December 2021 advertising

Waste Regulations and Time Banded Waste Collections Notice

Notice is hereby given that at 23.59 hours on Sunday 23rd January 2022 the London Borough of Hackney (the Council) will revoke all existing time bands during which domestic and commercial waste may be deposited on the public highway to facilitate collection. The general effect of this revocation will be that the time bands and any associated regulations will no longer stand.

Further notice is hereby given that Hackney Council will implement new regulations governing the management of household and commercial waste, namely the Household Waste Regulations 2021 and the Commercial Waste Regulations 2021. The new regulations include a schedule of new time bands for waste collections. The new regulations (including the schedule of time bands) will come into force at 00.01 hours on Monday 24th January 2022.

To clarify, by virtue of Sections 46 and 47 of the Environmental Protection Act 1990 and Sections 20 and 22 of the London

Local Authorities Act 2007, the Council will introduce new regulations which will help ensure that affected Hackney residents and businesses are aware of the requirements and their responsibilities around waste storage and presentation, and will provide a framework from which relevant education and enforcement activities can take place in any cases of non-compliance.

The regulations include time bands which will help minimise the amount of time that waste and recycling is present on the public highway to ensure that Hackney's main thoroughfares remain free of waste and obstruction.

Residents and business owners on these 69 roads (that do not have sufficient private land on which to store a bin) may only place waste out for collection on the public highway during the time bands that apply to their roads.

Waste may only remain on the public highway for a maximum of 2 hours after the end of the time bands, after which, if it has not been collected, it must be removed by the producer of the waste.

In non-time banded roads waste may remain on the public highway to facilitate collection for a maximum of 2.5 hours in any 24 hour period, after which, if it has not been collected, it must be removed by the producer of the waste.

The regulations and the time bands can be viewed online at **hackney.gov.uk/timebands**. They can also be inspected (and copies provided free of charge) during normal office hours (09.00 hours to 17.00 hours) Mondays to Fridays at Hackney Service Centre, 1 Hillman Street, London E8 1DY.

Please note, hard copies will be available for collection from the Hackney Service Centre until 21st January 2022. After this point, please contact waste.strategy@hackney. gov.uk in advance.

If you would like to comment on the regulations write to waste.strategy@hackney.gov.uk.



Notice of application for a premises licence

Notice is given that **ISLAND POKE LIMITED** applied to **HACKNEY COUNCIL** for a premises licence at: ISLAND POKE SHOREDITCH, 42 GREAT EASTERN STREET, EC2A 3EP

In order that the following licensable activities can take place:

SELLING ALCOHOL MONDAY TO SUNDAY FROM 11:30AM UNTIL 21:30PM

The licence register listing details of the application is held at the **Licensing Service, 1 Hillman Street, London E8 1DY**

(Tel No. 020 8356 4970). Details are also available on-line at www. hackney.gov.uk/licensing

Any representations against this application must be made in writing and received by the Licensing Service at the above address, by no later than the **20/12/2021**

Residents and businesses in the vicinity of the premises, or their representatives, may make representations on licensing objectives grounds only, i.e. the prevention of crime and disorder, the prevention of public nuisance, public safety and the protection of children from harm.

Copies of all representations will be sent to the applicant. It is an offence, liable on conviction to a fine up to £5000 for an applicant to knowingly or recklessly make a false statement in connection with the application.





ROWING up I used to think black people must have done something really bad for such inequality to exist," says Pauline Campbell, author of 'Rice & Peas and Fish & Chips: One Woman's Story of Overcoming Racism'.

"In writing this book I am taking a journey into where my generation and I have been."

Throughout 'Rice & Peas and Fish & Chips', Pauline cleverly intertwines her – and her parents' – own lived-in experiences of racism with the political climate around them.

From the docking of the Empire Windrush in 1948, and Enoch Powell's infamous 'Rivers of Blood' speech in 1968, to the 1971 Immigration Act and the riots of 1981 and 1985, through to Stephen Lawrence's murder in 1993 and, most recently, George Floyd's murder last year – the book follows poignant events that have helped shaped the UK today.

Pauline says: "The book is called 'Rice & Peas and Fish & Chips' because it's a mixture of who Caribbean children in Britain are. If I had to choose two foods that I love, which one would it be?

"I couldn't make up my mind, so that's why I called it that. It encompasses us, as first generation Caribbean children. I love fish & chips and I love rice & peas."

Pauline, a former Hackney resident and employee, is now a senior lawyer for Waltham Forest Council.

She passed her Legal Practice Course at the age of 38 and qualified as a lawyer three years later, after finding the self belief to do so.

Pauline says: "When I was 15 I was told by my tutor I was not A-level material – and that was after being in the top streams for the first few years in school.

"I chose to believe my teacher because I'd never



Lawyer and former Hackney resident, Pauline Campbell, writes about overcoming racism in her new book 'Rice & Peas and Fish & Chips'

had a black teacher, I'd never seen a black MP, I'd never had a black doctor. All the things around me were telling me that 'OK, maybe I'm not'. I regret that day. I always will. I took it on for a long time – 16 years.

"When I look at it, there's a preconceived idea about Caribbean children in schools and their ability.

"What I don't want is for a 14 or 15-year-old child to be me. I want them to read this book and say, 'hold on a minute, I'm not going to waste 16 years of my life believing what I'm told. I'm going to believe in me."

So, Pauline started her law degree at the age of 33 and has never looked back.

She says: "I decided to do it because it was my spirit for change. It was what was going on around me – what with Stephen Lawrence – that I owed it to myself to be

If I had to choose two foods that I love, which one would it be? I couldn't make up my mind, so that's why I called it that

what I could be.

"Previously I'd settled for less because I thought that was what I was worth. I began to realise that all the opportunities that had been lacking in my life I needed to take.

"After achieving my

goals I put all my efforts into maintaining my place, because those of us born enclosed in a black skin have to work twice as hard to prove ourselves in the professional world in which we work.

"But the pitfall was that,

somewhere in that world, I had forgotten where I was coming from."

At one point in her book Pauline wonders whether she is, in fact, 'black enough'.

She says: "When I think about being a Caribbean I associate myself with all the things that make me black and British. And African heritage is my beginning as far as the historical world starts.

"But I truly believe there's a massive difference between someone who is born in Africa now and me – as a black woman growing up in this country.

"I felt, do I know enough about being black? But being black isn't just about being from an African background."

One of Pauline's fondest periods of her life was growing up in Spring Hill, in Hackney, as a child.

She says: "We were the only black family on the street and lived on the first floor of a two-storey house, surrounded by Orthodox Jews.

"The Jewish community has experienced racism. They didn't bother us, they left us alone. We grew up with their children and played with their children.

"Those first few years of my life moulded me into who I am now, because for years we grew up away from any prejudice. Spring Hill was packed with so many good memories.

"It was a change in the narrative for us as a family, everything we had known until that moment was among our own people – black people.

"Hackney is a very different place to where it used to be. What we do have in Hackney is a fantastic mix of people who are tolerant of each other."

When examining the wider context of change, does Pauline think that the UK has become a more tolerant society?

She says: "I would say that things are different but they haven't changed. I would say that the processes that allow inequality to continue are more in place than they have ever been before. If they don't change then nothing will change.

"Identifying the real issues are not happening. The dilution of racism means it has not changed.

"I want things to be better than they are – I really do."

Timeline: Pauline Campbell

1964 Born in Hackney Hospital2002 Obtains law degree

2005 Qualifies as a lawyer2010 Becomes a senior lawyer for Hackney Council

2019 Becomes a senior lawyer for Waltham Forest Council
 2020 Co-chairs the Race Equality Network at Waltham
 Forest Council

2021 Publishes 'Rice & Peas and Fish & Chips: One Woman's Story of Overcoming Racism'

AND FIRM D CHILD

MORE INFO

(Rice & Peas and Fish & Chips: One Woman's Story of Overcoming Racism' by Pauline Campbell, is published by Twenty Seven, in hardback, for £14.99.

féature



AARON Left Poland, via Germany, with Dr Schonfeld

"I was born in Poland... They took me to Germany. I was going in one of those cattle trains, where they put animals in.

"There were about 200-300 people. In the end, I end up in Dachau concentration camp.

"There were two lines. One line is for working and the other line is the concentration camp.

"I was starving many times — I was eating grass. That is why my stomach, even today, is not... I can't take it.

"When I'm hungry today I have a madness and I go to buy this and this. I don't want to be in the same position as before.

"The Americans came to send us to a hostel. Dr Solomon Schonfeld came. I didn't know I was Jewish – Dr Schonfeld told me I was Jewish. He says to me 'do you want to come to England?'

"So, I said to him 'what's the difference between England and Poland?' No difference.

"So he took us on a boat and we travelled for months. He was picking up all the people: men, children, women, girls, boys. Everyone. He put me in a hostel on Manor Road.

"I didn't have a chance to do schooling. I had to work, I did everything on my own. I couldn't concentrate — if I don't work, I would starve.

"I had a very tough time in concentration camp."

NEW film, which tells the incredibly moving stories of six Jewish Hackney residents who survived the horrors of the Holocaust in the Second World War, has been released.

'Hackney Holocaust

Memories' is a 40-minute video in which the Holocaust survivors tell their heartbreaking accounts of surviving the Holocaust as children – while many of their families did not – and how they came

to Hackney to rebuild their lives.

STAMFORD HILL, N.16.

Suj Ahmed, director and producer of the

film, said: "It's crucial to record the memories of Holocaust survivors living in Hackney, otherwise that heritage would be lost forever."

MORE INFO

'Hackney Holocaust
Memories' is produced
by Community Advance
Project and Future Focus
Films. For more info, or
to view the film, visit:
caplondon.org.uk





KITTY Left Austria at the age of six, and escaped to England via Paris and Ireland

"They were looking for my daddy because he wrote an article about the Nazis in the paper. But he'd already gone – otherwise he'd have never got out of there.

"I just had to run without anything. No clothes, nothing at all. Just get on a train and go.

"My daddy took us to Hungary, to my grandparents, for safety and mummy went to France with my older sister. "And when Daddy saw the

"And when Daddy saw the situation was getting bad he went to get us.

"We lived in France for a year or so. But Daddy managed to get permission to go to England.

"We went down to the bottom of the ship and it took us four days to get across because they were bombing. But luckily we managed to escape.

"Before England we were interned in a big hall in Ireland.

"Daddy had some connections in London so we came to London.

"I was too young to know what was going on. For Daddy it was very difficult. Every day, all day, he was thinking about his family."





Dr Solomon Schonfeld (1912–1984) was a North London Rabbi who organised the rescue of thousands of Jews from middle and eastern Europe during the Second World War



ITA Born in Poland, escaped to Russia

"It's miraculous that I'm sitting here being able to talk to you – that I wasn't wiped out, like 1.5 million Jewish children were.

"Poland was a bloodbath

- the worst bloodbath of all.

The biggest concentration of
Jewish people was in Poland.

"I was born in August and the war started one year later.

"I have memories from about the age of two, and my earliest memories are of when we were in Russia because what my family did was escape to Russia.

"My father was one brother of seven. I don't know what happened to the rest but only one younger brother joined my father. So the two brothers survived – and their wives and children.

"Even after we came to England you couldn't get my father or my uncle to talk much about what they lost and who they lost. It was just too painful."



MRS TESCHER Translated by her daughter Rifky Deutsch

"Mrs Tescher was in an ammunition factory for 12 hours a day. She cried from hunger.

"Towards the end of the war there was the Death March, and the SS from her camp allowed lots of girls in because they were hoping the Americans would deal with them differently.

"When the Americans



came in the girls said that the Germans were nice to them, so the Americans said 'you look like skeletons, you're half dead and you're telling us they were nice to you?'" Mrs Tescher's daughter, Rifky Deutsch, said: "When I was a child I could read more [about the Holocaust], but as I got older, and had my own children, I couldn't bear to think that such inhumanity was

done to people.

"I find it difficult to read Holocaust books. How could humans behave in the way they did? The world mustn't forget."









1. Aaron; 2. Jewish children arriving from Europe to Britain; 3. Kitty as a baby; 4. Kitty today; 5. Kitty as a child with a sibling; 6. Dachau concentration camp; 7. Dr Solomon Schonfeld; 8. Ita today 9. Mrs Tescher with her daughter; 10. Leah and her family; 11. 'Kristallnacht' (meaning Night of Broken Glass, also called the November pogrom) was an organised attack against Jews carried out by the Nazi Party's paramilitary forces along with civilians in Nazi Germany on 9-10 November 1938. The term comes from the shards of broken glass that littered the streets after the windows of Jewish-owned stores and synagogues were smashed; 12. Leah today; 13. Irma today; 14. One of the boats that carried Jewish refugees to England; 15. Ita meeting Her Majesty the Queen

IRMA Left Holland for England

"I come originally from Holland, but I have lived many years here in England, and it's been a good life here.

"In 1941 the Nazis came and took us out of our house and sent us to the concentration camp. We landed in a camp called Bergen-Belsen.

"The conditions there were very, very difficult. The treatment was terrible. They starved the people, they beat the people, they made them do inhuman, difficult hard labour and it had terrible sanitary



conditions. When I close my eyes today I can still smell what it was like.

"They emptied the camps because they didn't want the allied forces to see what was going on in this camp.

"So they tried to send away as many people as they could.

"They put us in a cattle train to be killed, we didn't know where. But we were liberated by the Russian forces before they managed to do that.

"In 1951 I came to Hackney, and I've been here ever since. I've never moved away. It's been very good."

LEAH Left Germany for London via the north of England

"I was born in Germany in 1935 and I was alive during the Kristallnacht [the Night of Broken Glass in 1938 – when Nazis destroyed Jewish-owned businesses, synagogues, and homes].

"I suffered from nightmares for years and years.

"In 1939 my father wanted to send his three children with the Kinder transport. We came over at the end of August, just before the war started on 3 September.



"When we arrived in England we went to one hostel in Gateshead, another one in Windermere, another one in Southport, another one in Great Chesterford and another one in London

"But I was always together

with my sisters – the three of us. My father came back in 1947. He was five years in camps in Italy.

"I got married at 17, and that was it. My husband was in camps, he was in Auschwitz. He has got a number on his arm."

*k***ounghackney**

Free support for young adults

Immediate

Mind

Theatre

FACING the winter blues? Feeling anxious? Are you jobhunting or having career related problems? You are not alone - and you don't have to be under 18 to access the free support available in Hackney.

The 16+ network consists of organisations, based in and around the borough, offering wellbeing support, job opportunities and training for 16 to 25-year-olds. For more information on employment and wellbeing support for young people in Hackney, visit the Council's Young Hackney website: bit.ly/h16network

HACKNEY QUEST

Tuesday, 6.30-8pm

Hackney Quest's 'New Futures HQ' programme offers opportunities to learn about different career options and get the support to build the skills you need. There are drop-in sessions on Tuesday evenings, where young people can attend employability sessions, get support with their CVs or apply for jobs.

Info: hacknevquest.org.uk: email: bella@hacknevquest. org.uk; Call: 07874 878 773 / 020 8533 5480; Instagram: @newfutureshq

IMMEDIATE THEATRE

Wednesday, 3-6pm

Immediate Theatre's 'Pathways to Employment' programme provides one-to-one support and creative programmes to help young people develop their skills and explore potential careers, whether in the creative industries or other areas. They have a range of support options available with an emphasis on building confidence, boosting wellbeing and accessing further training and job opportunities. This includes a weekly drop-in session on Wednesdays in Dalston.

Info: immediate-theatre.com/work/pathwaysto-employment; email: gbenga@immediatetheatre.com; call: 07946 801 416; Instagram: @immediate_theatre

HACKNEY WORKS

The Council's Hackney Works programme offers free employment support, including help with developing your CV, finding suitable work placements, apprenticeships and jobs, completing job applications, and preparing for interviews. Info: opportunities.hackney.gov.uk; email: hackneyworksinfo@hackney.gov.uk; call: 020 8356 5700

A NEW DIRECTION

HACKNEY WORKS A New Direction's 'Create Jobs' programme supports and develops young people from underrepresented backgrounds into the creative industries. They also run the Good Growth Hub - a new space bringing together people and businesses in East London to provide career opportunities for 18 to 30-year-olds. Info: anewdirection.org.uk; email info@ anewdirection.org.uk; call: 020 7608 2132; Instagram: @create jobs /@goodgrowthhub

XLP

XLP offers a 12-week course which supports young people, aged 16 to 24, into education, training or employment, and helps to develop soft skills such as patience, resilience and confidence. The programme also aims to tackle the barriers that young people from disadvantaged backgrounds face

to complete their education or access opportunities and support participants into meaningful employment. Info: xlp. org.uk; call: 07921 406 172; Instagram: @xlplondon

Mediorite offers a range of creative programmes and opportunities to help young people get a headstart on their careers. These include a six-week course (one day a week) working with a range of creative industry professionals

to create a short film, a one-day project creating a music video, and support with applying for placements within the creative industries. Info: mediorite.co.uk: email: Reuben@mediorite. co.uk; call: 07931 586 737; Instagram: @ mediorite

YMCA London City and North Monarch Court provides supported accommodation for 87 young people aged 16 to 25-years-old with low to medium support needs. They provide a safe space where young people are

encouraged to learn new skills and make informed choices to ensure they can successfully move into independent living. Info: ymcalondoncan. org; email: MCHousingTeam Recipients@ ymcalcan.org; call: 020 8525 2440

Irie Mind's 'Speak Your Mind' project offers opportunities for young black men aged 18 to 29-years-old to train as community mentors and deliver health and wellbeing workshops.

This four-week training course involves self-development, workshop facilitation, working with the community,

empowering other black men, and developing cultural specific mental health and wellbeing provisions. Info: iriemind.org; email: iriemind@mindchwf.org.uk; call: 020 8985 4239 or 07562 686 325; Instagram: @irieminde9

Talk Changes offers talking therapies to help people with a wide-range of worries, mental health problems and emotional difficulties - including low mood, depression, stressful life events, loss of motivation, low self-esteem.

problems at work, relationship distress, anxiety, panic attacks and more. Info: talkchanges.org.uk;

email: huh-tr.talkingtherapy@nhs.net; phone: 020 7683 4278

OFF CENTRE

Off Centre at Family Action offers counselling, art therapy, career advice and support, and therapeutic groups for 16 to 25-year-olds.

They also run Project Indigo for LGBTQIA+ young adults and offer out-of-hours drop-in sessions on Thursdays. Info: family-action.org.uk/what-we-do/children-families/offcentre; email: OffCentre@family-action.org.uk; call: 020 8986 4016

PUNIT WALLEY TO SERVICE OF THE PARTY OF THE PARTY

Mind in the City, Hackney and Waltham Forest offers support including therapy, physical wellbeing, group activities, employment support, and mindfulness sessions. Info: mindchwf.org.uk; call: 020 8985 4239

Over 18? Help shape mental health services

THERE are many professionals that are working to improve mental health and wellbeing services in order to meet the real needs of young people in Hackney.

The East London NHS Foundations Trust wants your help to improve the support available to young people between the ages of 18 and 25.

Complete the questionnaire and get a chance to win a £50 Love to Shop voucher.

Visit: bit.ly/young_ mental health



COLOURFUL new mural has been painted at the entrance to Hackney Downs Station, thanks to a collaborative project with artist Hannah Dickins, musician Hak Baker and young people from youth organisation Rise 365.

Hannah and Hak worked with the young people over five sessions, focusing on creative writing, music, art, sign writing, spoken word, and lyric writing.

Hannah said: "All the members of Rise showed so much openness and focus throughout the time we worked with them.

"They showed an incredible amount of wisdom and creativity. Hopefully this is the beginning of our work together.

"For the final mural, Hak and I wanted to create a piece of public art that was relatable to all but, first and foremost, a tribute to the amazing young people we had the privilege to work with."

Hak added: "It's important for young people to have people that look, act and feel like them as

potential role models."

The young people also had the chance to discuss their beliefs, feelings, expressions and positions in society with the artists, turning their ideas into the artwork.

Joyclen Buffong, founder of Rise 365, said: "The young people really enjoyed the project. Hannah and Hak are great facilitators and engaged with the young people well.

"These sessions gave the young people the space to really think about a message they would like to share with the community."

Faith, 15, from Rise 356, agreed. She said: "It's amazing to have something we have worked on as a big mural in our community. What a statement!"

The project was run by community arts organisation Hackney Arts and was funded by the Arts Council.

MORE INFO

 For more information on Rise 365, visit: rise365.co.uk; for more information on Hackney Arts, visit hakneyarts.com



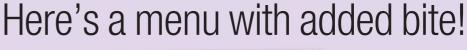












BUDDING young chefs from charity Shoreditch Trust's Bite Back 2030 food training programme have been busy devising healthier menus for the Waterhouse restaurant.

The 14 to 18-year olds spent the summer learning about the merits of nourishing food, exploring the local food environment and meeting local business owners.

The Bite Back 2030 mission is to 'achieve a world where all





young people have the opportunity to be healthy – no matter where they

live'. Last month the Bite Back food champions showcased their recipes on the Waterhouse daily specials menu. Below is one of the

featured recipes.

For more info about the young people's programme, to get involved, or to sign up for cooking and baking workshops, visit: bit.ly/shoreditchtrust-young-people

For more info on family cooking sessions, visit: bit.ly/shoreditch-trust-family

Layla's Teriyaki Cauliflower bites

Serves 4

Preparation time 30 mins Cooking time 30 mins



Ingredients

- 95g of plain flour
- 1 tsp paprika
- 2 tsp garlic powder
- 1 tsp salt
- ½ tsp pepper
- 180ml of dairy-free milk
- Juice of half a lemon
- 1 head of cauliflower
- 75g of teriyaki sauce
- 2 tbsp coconut oil or vegetable oil
- 1 tbsp honey.

Ingredients for the rice (optional):

- 1 spring onion for garnish
- 250g of cooked rice
- 1 tsp of Chinese five spice.

Preparation & Method

• In a large bowl, add the flour, paprika,

garlic powder, salt, pepper, dairy-free milk and lemon juice and stir together until

- well-combined.
 Break the head of cauliflower into florets, about 1½-inches wide.
- Add the cauliflower florets to the batter, making sure each piece is evenly coated.
- Leave the cauliflower in the mix and put in the fridge for 1 hour.
- Preheat the oven to 450°F (230°C). Line a baking sheet with parchment paper.
- Arrange the coated cauliflower on the baking sheet on the tray and bake for 20 minutes, flipping halfway.
- Meanwhile, in a small bowl, combine the teriyaki sauce, melted coconut oil and honey and stir until evenly combined.
- Brush the teriyaki sauce mixture on the cauliflower and bake for another 20 minutes.
- Serve with boiled rice infused with Chinese five spice and garnished with a spring onion.

Awards a fitting way to close celebrations

THIS year, the Council has been celebrating 10 years of its pioneering youth service – Young Hackney – which is culminating in the Hackney Youth Awards.

The awards, which have been organised by the borough's young people, are set to take place on 27 January, from 6-8pm, at

the Town Hall Assembly Rooms.

The event aims to recognise and celebrate the amazing projects that have taken place this year, which have helped develop Hackney's young people.

For more information, visit: younghackney.org; email: elp@hackney gov.uk; or call: 020 8356 2849.

hackneyhistory

LONDON'S EAST END

1880s

'East End' first used as we understand it today

1888: Whitechapel murders (fear/danger/deprivation)

1888/9: Industrial action by workers such as matchgirls and dockers

1882-1900s: Jewish immigration and start of earnest immigration debates







1886-1903: Charles Booth publishes poverty survey map of the East End

AVE you ever wondered why the East End of London was historically associated with crime and prostitution? Or why, traditionally, there's such a strong sense of community in the area? Bishopsgate Institute, off Spitalfields Market, holds the answers to these questions - and many more.

Built in 1894 for 'the benefit of the public', the beautiful Victorian building contains thousands of books, pamphlets, old diaries, newspaper clippings and oral histories - much of which focuses on everyday people.

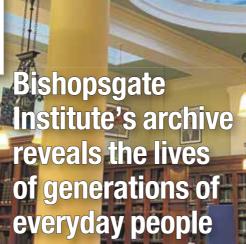
From feminist and women's history and labour and socialist reports, to lesbian, gay, bisexual, transgender, queer/ questioning, intersex, asexual plus (LGBTQIA+) archives and protest histories there is plenty to explore at the Institute.



1883: Andrew Mearns' 'The Bitter Cry of Outcast London', the settlement movement

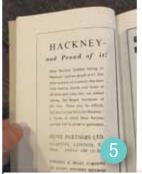














The History of London's East End (1880s-1970s)

I WAS lucky enough to attend a short in-person course on the history of London's East End (1880s-1970s) led by the enigmatic Dr Michelle Johansen, Interpretation Manager at Bishopsgate Institute, last month.

There were 10 people on the course - all of whom had different reasons for being there. Some wanted to research their ancestors from the East End, others had a general interest in London's history, and one had a love of architecture.

One student remembered the 'old East End' and wanted a trip down memory lane. He said:

"I remember the bomb sites, I remember the entertainment in Whitechapel. I remember Stratford – what it was like. I want to see how much was nostalgia and how much was reality."

Another student mused: "I remember some of the docks. I remember seeing a rainbow from dock to dock. A friend of mine used to live next to the Kray twins. It would be nice to learn a bit more about the area."

The course kicked off with a game of East End bingo, where we talked about the myths and representations of the East End – from crime, prostitution

and gangs to activism, community and immigration to - more recently - sport, hipsters and street art.

We were then given hands-on access to a range of original historical materials from Bishopsgate's special collections - including many old pamphlets and guides about Hackney.

A pamphlet, entitled 'Hackney', stated: 'The Hackney Borough Council, between 1918 and 1924, carried out a series of housing schemes which did much to

relieve the distress caused by housing shortage. These efforts are still in progress as this Guide is passing through the press and it is permissible to anticipate a time at no distant date when Hackney will have practically met all reasonable demands of a domiciliary nature'.







1950s: Gangster culture emerges, eg the Krays

1960s: Swinging sixties counterculture, 'authentic' East End, roots celebrated

1970s: Bangladeshi immigration, racism and anti-racism

1980s: Nostalgia literature boom



1906-14: Liberal reforms help plight of people in the East End



1940s: Blitz spirit as the East End is bombed



1970s



1980s 1990s



1990s: Multicultural London; Banglatown rebrand of inner East End



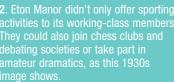






1950s 1960s







otos: Eton Manor Boys' Club Archive, shopsgate Institute and Archive











Eton Manor Boys' Club

FOR the final part of the session, we examined some case studies from the archives to discover less well-known East End characters.

One of the case studies featured was the Eton Manor Boys' Club, which was set up in Hackney Wick in the early 1900s, before the introduction of the welfare reforms.

It emerged out of the mission movement, which saw wealthy young men and women from Britain's elite schools and universities move into poor urban districts to offer practical support and guidance to men, women

and children from less privileged backgrounds.

Eton Manor was run by four Old Etonians as a sports and social club for teenage boys from the Hackney Wick and Leyton areas of east London.

Across more than half a century, and during two World Wars, the club provided a sense of community and continuity (as well as career, financial, and medical assistance) to tens of thousands of young working lads.

Today, Bishopsgate Institute holds the Eton Manor Archive and the club photographs, ephemera, and



administrative records providing insight into daily life at the wellequipped clubhouse on Riseholme Street in Hackney Wick, as well as over the club's 32-acre sports ground between Leyton and Stratford.

Other courses

BISHOPSGATE has a range of courses that run throughout the year, both online and in-person.

Past courses include 'A Cultural History of Aids', which looked at how the Queer community responded to the Aids pandemic (below); and 'A Big Night Out in London:



1880s-1960s'(above). Upcoming courses at Bishopsgate include 'A Short History of Housing'; 'East End in Fact and Fiction';

Borderlines of Madness in 19th-Century Fiction'; and a range of archive and walking tours.

The Institute also holds myriad events, including free lunchtime concerts, dances, and wellbeing and fitness sessions.

MORE INFO

The Library, Special Collections and Archive are open 10am to 5.30pm Monday to Friday. The researchers' area is open until 8pm on Wednesdays. You don't need to be a member to visit. For more info, or to see what courses and events are coming up at the Institute, visit: bishopsgate.org.uk; email: library@ bishopsgate.org.uk; or follow on Twitter: @BishopsgateInst

councillors 6 December 2021

Hackney's executive Mayor Philip Glanville was directly elected by the borough in 2018. He is the political leader of the Council, overseeing the budget and all Council services. The Mayor holds monthly casework surgeries in the Town Hall. To book an appointment, email: mayor@hackney.gov. uk; or call: 020 8356 2212. Residents are first encouraged to contact their ward councillor. Civic and ceremonial duties are undertaken by the Speaker of Hackney. The current Speaker is Cllr Michael Desmond.



UPDATE ON SURGERIES

Many physical surgeries have been replaced by virtual surgeries due to coronavirus. For more information, email your local councillor using the format

'firstname.lastname@hackney.gov.uk' or call 0208 356 3373 to arrange a phone

1. BROWNSWOOD





Contact Cllr Brian Bell on email: brian.bell@hackney.gov.uk

Contact Cllr Clare Potter on email clare.potter@hackney.gov.uk

Contact Cllr Sam Pallis on email sam.pallis@hackney.gov.uk

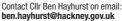
Contact Cllr Caroline Woodley on email: caroline.woodley@hackney.gov.uk

6. HACKNEY CENTRAL









Contact Cllr Vincent Stops on email cent.stops@hackney.gov.uk

Contact Cllr Sophie Conway on email: sophie.conway@hackney.gov.uk

2. CAZENOVE









Contact Cllr Anna-Joy Rickard on email anna-joy.rickard@hackney.gov.uk

Contact Cllr Sem Moema on email

8. HACKNEY WICK

Hackney's wards in alphabetical order



- 1 BROWNSWOOD 2. CAZENOVE
- 3. CLISSOLD
- 4. DAI STON
- 5. DE BEAUVOIR
- 6. HACKNEY CENTRAL 7. HACKNEY DOWNS
- 8. HACKNEY WICK
- 9. HAGGERSTON 10. HOMERTON
- 11. HOXTON EAST & SHOREDITCH
- 12. HOXTON WEST
- 13. KING'S PARK
- 14. LEA BRIDGE 15. LONDON FIELDS
- 16 SHACKLEWELL 17. SPRINGFIFI D
- 18. STAMFORD HILL WEST 19. STOKE NEWINGTON
- 20. VICTORIA
- 21. WOODBERRY DOWN

Councillors are elected by residents and serve for four years. The last borough-wide elections took place in May 2018. Councillors have a range of responsibilities, including helping to oversee Council services. Residents can contact their local representative and ask them to take up issues of concern. Generally they can help with Council

related matters, but if the issue is the responsibility of another person or organisation, councillors can often point people in the right direction and tell residents who they need to see. Hackney has 57 councillors representing areas called wards - see map left.

17. SPRINGFIELD







Contact Cllr Simche Steinberger on email:

Contact Cllr Michael Levy on email

Contact Cllr Harvey Odze on email: harvey.odze@hackney.gov.uk

18. STAMFORD HILL WEST





Contact Cllr Benzion Papier on email:

Contact Cllr Hershey Lisser on email: hershey.lisser@hackney.gov.uk

3. CLISSOLD







Contact Cllr Sophie Cameron on ema sophie.cameron@hackney.gov.uk
Contact Cllr Kofo David on email: kofo.david@hackney.gov.uk; or: 020 8356 3598 Contact Cllr Sade Etti on emai sade.etti@hackney.gov.uk

Surgery: 2nd Tuesday of every month, 6.30-7.30pm, Stoke Newington Library, N16 0JS 3rd weekend of each month: roving surgery

7. HACKNEY DOWNS







Contact Cllr Michael Desmond on email michael.desmond@hackney.gov.uk

11. HOXTON EAST & SHOREDITCH







Contact Cllr Kam Adams on email: kam.adams@hackney.gov.uk Contact Cllr Stephen Race on email: steve.race@hackney.gov.uk Contact Cllr Anya Sizer on ema

Surgery: 1st Saturday of each month,10.30am Shoreditch Library, 80 Hoxton Street, N1 6LP

14. LEA BRIDGE







Contact Cllr Margaret Gordon on email:

Contact Cllr lan Rathbone on email: ian.rathbone @ hackney.gov.uk or call: 07890 654 068.

Contact Cllr Deniz Oguzkanli on email deniz.oguzkanli@hackney.gov.uk

19. STOKE NEWINGTON







Contact Cllr Susan Fajana-Thomas on email: susan.fajanathomas@hackney.gov.uk; or phone: 020 8356 8605. Contact CIIr Mete Coban on email mete.coban@hackney.gov.uk Contact Cllr Gilbert Smyth on email: gilbert.smyth@hackney.gov.uk

Surgery: 2nd Saturday of every month,10am-12noon, Stoke Newington Library, N16 OJS

4. DALSTON







Contact Cllr Peter Snell on email peter.snell@hackney.gov.uk Or call: 07941 179 129.

9. HAGGERSTON





Contact Cllr Christopher Kennedy on email:

n@hackney.gov.uk

Surgery: 1st Sunday of each month. 12noon.

Trowbridge Senior Citizens' Club, 15 Lavington Close, E9 5HF

christopher.kennedy@hackney.gov.uk

Contact Cllr Jess Webb on email

jessica.webb@hackney.gov.uk Contact Cllr Nick Sharman on email



Contact Cllr Aiay Chauhan on email: ajay.chauhan@hackney.gov.uk
Clir Chauhan's surgery: 3rd Saturday of each
month, 10am-11.30am; call: 020 8356 3188; oin Zoom Meeting ID: **872 2520 6320**; Pa

Join Zoom Meeting ID: 872 2520 632 161202 Contact Clir Humaira Garasia on email: humaira.garasia@hackney.gov.uk Contact Clir Patrick Spence on email: patrick.spence@hackney.gov.uk

12. HOXTON WEST





Contact Cllr Clayeon McKenzie: clayeon.mckenzie@hackney.gov.uk Contact Cllr Carole Williams on ei carole.williams@hackney.gov.uk Contact Cllr Yvonne Maxwell on emai nne.maxwell@hackney.gov.uk

Clir Maxwell's surgery: 4th Saturday of each month, 10am-11.30am, Shoreditch Library, N1 6LP Clir William's surgery: 3rd Wednesday of each month, 6-7pm, Provost Community Hall, N1 7QX

15. LONDON FIELDS







Contact Cllr Anntoinette Bramble on email: intoinette.bramble@hacknev.gov.uk

Contact CIIr Can Ozsen on email @hackney.gov.uk

Contact Cllr Emma Plouviez on email: emma.plouviez@hackney.gov.uk

20. VICTORIA







Clir Joseph's surgery: 1st Saturday of each month, 10-11am, Hackney Service Centre 1 Hilman Street E8 1DY.

5. DE BEAUVOIR





Contact Cllr Polly Billington on email:

Contact Cllr James Peters on email nes.peters@hackney.gov.uk

10. HOMERTON





man@hackney.gov.uk

Contact Cllr Guy Nicholson on email: guy.nicholson@hackney.gov.uk

Contact Cllr Anna Lynch on email anna.lynch@hackney.gov.uk







13. KING'S PARK



Contact Cllr Lynne Troughton on email lynne.troughton@hackney.gov.uk

Contact Cllr Rebecca Rennison on email

16. SHACKLEWELL





Contact Cllr Michelle Gregory on email: elle.gregory@hackn

Contact Cllr Richard Lufkin on email: richard.lufkin@hackney.gov.uk

21. WOODBERRY DOWN

Contact Clir Penny Wrout on email penny.wrout@hackney.gov.uk





Contact Cllr Caroline Selman on email caroline.selman@hackney.gov.uk

Contact Cllr Sarah Young on email: sarah.young@hackney.gov.uk

Surgery dates: 18 Dec 10.30am; 9 Jan, 11.30am. Call: **020 8356 3373 for locations.**

nison@hackney.gov.uk





A healthy eating programme from Shoreditch Trust

www.shoreditchtrust.org.uk



SHOREDITCH Trust's Food For Life Programme works with members of the community to encourage affordable healthy eating, cooking skills and

Leftover turkey fajitas are fun to make and even more fun to share. This recipe makes the most of your leftover turkey and the added spices and seasoning goes brilliantly with turkey, which is a lean meat and a very rich source of protein.

Leftover turkey fajitas

Serves 2-3

Preparation time 10 mins







Ingredients

- 350g turkey cut into strips (remove the skin)
- 1 green pepper, sliced
- 1 red pepper, sliced
- 1 white onion thinly, sliced
- 2 garlic cloves, crushed
- 1 tsp ground coriander
- 1 tsp ground black pepper
- 1 tsp salt
- 1 tsp ground chilli
- 3 tbsps of tomato purée
- ½ lime juiced
- 2 tbsp oil
- 6 mini wholemeal tortillas
- Grated cheddar to serve on top (optional).



Method

- Slice your vegetables finely and place them in a bowl with your seasonings and spices
- Preheat your oven to 170C degrees to warm through the tortillas. Once it reaches its heat, place the tortillas in the oven for 5-7 mins.
- Slice your cooked turkey and place in another bowl. On a medium to high heat, place a pan with the cooking oil and wait until it is hot.
- Once the oil is ready add the veg and cook for 5 minutes until the vegetables have a nice
- Add the chicken into the pan and mix with the vegetables. Keep over the heat until the chicken is no longer pink.
- Add the tomato purée making sure it coats the vegetables and chicken.
- Take off the heat and squeeze in the lime juice.
- Plate up the cooked fajita filling in a serving plate and the warm tortillas on another.
- Put the fajita mixture into the tortilla and add cheese (optional). Roll it up and eat it!

More info

For more information, or to book, call: 020 7033 8529; Shoreditch e-mail: food@shoreditchtrust.org.uk; or visit: www.shoreditchtrust.org.uk/Food-for-Life



Renewal of three-year Public Space Protection Order

FROM May to July this year, the Council consulted on a proposal to introduce a three-year Public Space Protection Order (PSPO) for London Fields, alongside the renewal of existing controls that prevent anti-social street drinking in the borough.

The results of the consultation were considered by Cabinet on 18 October and a decision was made not to proceed with the proposed ban on the consumption of alcohol in London Fields Park.

This was because 77 per cent of the respondents didn't support the proposal to ban the consumption of alcohol in London Fields park, whilst 20 per cent were supportive of the proposal.

> However, a decision was made to renew the boroughwide Public PSPO, a continuation of

existing powers that allows the confiscation of alcohol from those that are behaving antisocially in Hackney's public spaces.

Across the borough, the renewal of existing powers means that police or Council enforcement officers can request that someone stop drinking alcohol if they are causing antisocial behaviour.

For more information on the results of the consultation, visit: consultation.hackney. gov.uk

Meetings COUNCIL MEETINGS IN DECEMBER 6 Licensing Sub Committee 7pm Cabinet Procurement Committee 10 Health in Hackney Scrutiny Commission 7pm Children and Young People Scrutiny Commission 7pm 11 Hackney Procurement Board 2pm Licensing Sub Committee 2nm 11 Licensing Sub Committee 7pm Licensing Committee 12 Planning Sub Committee 6.30pm Council Joint Committee 9am 13 London Borough of Hackney Integrated Commissioning London Borough of Hackney Integrated Commissioning Board and Local Outbreak Board Board and Local Outbreak Board 13 Licensing Sub Committee 2pm Licensing Sub Committee 7pm 17 Cabinet Procurement Committee 5pm 9 Health in Hackney Scrutiny Commission 7pm 17 Living in Hackney Scrutiny Commission 7pm 6pm 18 Licensing Sub Committee 2pm 13 Living in Hackney Scrutiny Commission 7pm 19 Corporate Parenting Board 6.30pm 14 Hackney Procurement Board 19 Children and Young People Scrutiny Commission 14 Licensing Sub Committee 7pm 2pm 20 Licensing Sub Committee 2pm 15 Corporate Committee 6.30pm 20 Pensions Committee 6.30pm 15 Skills, Economy and Growth Scrutiny Commission 7pm 24 Cabinet 16 Licensing Sub Committee 6pm 2pm 24 Skills, Economy and Growth Scrutiny Commission 25 Licensing Sub Committee **COUNCIL MEETINGS IN JANUARY** 7pm Licensing Sub Committee 26 Council 7pm 2pm Audit Committee 6.30pm 27 Health and Wellbeing Board 4pm Info: 020 8356 3316/3302/3312; or visit: hackney.gov.uk/council-business

Sudoku For solutions see: www.hackney.gov.uk/hackneytoday																	
Easy						Medium											
		7	9	4	3			1	3					9	5		6
3			1						5							7	
8				6							9	5	3		1	8	
		8	4		6	7			4			2	9			5	
	2	4				8	5						5				
		6	8		9	3				8			7	1			3
			Г	9				5		5	3	Г	2	7	9		
					2			3		6							8
2			5	1	7	9			2		1	3					5

28 6 December 2021 advertising

Christmas and New Year rubbish and recycling collections



Collections will take place one day later than normal if your collection day is Monday to Thursday. If your usual collection day is Friday, your collection will be two days later than usual.

Please move your bins and green sacks to the edge of your property by 6am on your collection day.

Monday 27 December - Sunday 2 January

Usual collection day	Revised collection day
Monday 27 December	Tuesday 28 December
Tuesday 28 December	Wednesday 29 December
Wednesday 29 December	Thursday 30 December
Thursday 30 December	Friday 31 December
Friday 31 December	Sunday 2 January

Normal collections will resume from Monday 3 January.





Christmas trees

Real Christmas trees can be collected for recycling. They are shredded and made into compost.



Trees will be collected from your home from **3-14 January on your recycling day**. Put your tree out on the front boundary of your property by **6am**, with all decorations removed. If you live in a block or estate, leave it next to your communal bins (not inside them), making sure you do not block access to the bins.

Normal garden waste collections will be suspended for this period (**3-14 January**), with standard service resuming on **17 January**.

Real tree drop-off

You can also take your tree to Millfields Depot, Millfields Road, E5 0AR from **4-30 January, 8am-3pm Mondays to Fridays, or 8am-12 noon on Saturdays**.



